

# WOODBANK WINTER MENU - WEEK 2

**Available Week Beginning:**  
18<sup>th</sup> November, 9<sup>th</sup> December

	OPTION ONE	OPTION TWO	PUDDING
Mon	<b>Fish Finger Sandwiches</b> <i>Served with garden peas and potato wedges</i>	<b>Macaroni Cheese</b> <i>Served with garlic slice &amp; crispy mixed salad</i>	<b>Semolina &amp; Mixed Fruit Compote</b> Or <i>Yoghurt or fresh fruit</i>
Tues	<b>Chicken Tikka Wrap</b> <i>Chicken tikka and cheese in a wrap, served with mixed salad and wedges</i>	<b>Quorn Bangers &amp; Mash</b> <i>Quorn sausage served with mash potatoes, seasonal vegetables and gravy</i>	<b>Fairy Buns</b> Or <i>Yoghurt or fresh fruit</i>
Weds	<b>Roast of the Day (GF)</b> <i>Served with mashed potato, roast potatoes and seasonal vegetables</i>	<b>Roast Quorn fillet(V)</b> <i>Served with mashed potato, roast potatoes and seasonal vegetables</i>	<b>Chocolate Brownie(V)</b> Or <i>Yoghurt or fresh fruit</i>
Thurs	<b>Tuna Melt</b> <i>Tuna mayonnaise and cheese melted in a crispy baguette served with fresh salad</i>	<b>Cheese and Tomato Melt</b> <i>Cheese and fresh tomato melted in a crispy baguette served with fresh salad</i>	<b>Syrup Sponge &amp; Custard</b> Or <i>Yoghurt or fresh fruit</i>
Fri	<i>(Gluten free available)</i> <b>Homemade Margherita Pizza(V)</b> <i>Served with chips and beans</i>	<b>Salmon Fillet (V) (GF)</b> <i>Served with fresh vegetables and mash potato</i>	<b>A selection of Home Baking</b> Or <i>Yoghurt or fresh fruit</i>

- All meals are served with water
- Fresh fruit and vegetables available daily
- Special diets catered for
- Other food options are available