

# WOOD BANK SPRING/SUMMER 25 MENU- WEEK 1

OPTION ONE

OPTION TWO

PUDDING

**Available Week Beginning:**  
5<sup>th</sup> May, 2<sup>nd</sup> June, 23<sup>rd</sup> June, 14<sup>th</sup> July

<b>Mon</b>	<b>Fish Fingers</b> <i>Served with Garden Peas and Oven Chips</i>	<b>Cheese and Tomato Panini (V)</b> <i>Served with potato wedges and salad</i>	<b>Rice Pudding (V) (GF)</b> <i>Or Yoghurt Or Fresh Fruit</i>
<b>Tues</b>	<b>Savoury Mince</b> <i>Served with veg, mash and a Yorkshire pudding</i>	<b>Cheese and Onion Pie (GF)</b> <i>Served with seasonal veg</i>	<b>Jam Sponge and Custard (V)</b> <i>or Yoghurt or Fresh Fruit</i>
<b>Wed</b>	<b>Roast Of The Day (GF)</b> <i>Served with Mash Potato, Roast Potatoes and Seasonal Vegetables</i>	<b>Roast Quorn Fillet(V)</b> <i>Served with Mash Potato, Roast Potatoes and Seasonal Vegetables</i>	<b>Soft Baked Chocolate Cookie (V)</b> <i>or Yoghurt or Fresh Fruit</i>
<b>Thurs</b>	<b>Veggie Chilli (V)</b> <i>Made with Quorn Mince and served with White Rice</i>	<b>Jacket Potato (GF)</b> <i>Served with Cheese, Tuna or Beans</i>	<b>Pancakes with Cream and Strawberries (V)</b> <i>Or Yoghurt Or Fresh Fruit</i>
<b>Fri</b>	<i>(Gluten Free Available)</i> <b>Cheese And Tomato Pizza(V)</b> <i>Served With Chips and Beans</i>	<b>Salmon Fillet</b> <i>Served with rice and green beans</i>	<b>A Selection of Home Baking</b> <i>Or Yoghurt or Fresh Fruit</i>

- All meals are served with water
- Fresh fruit and vegetables available daily
- Special diets catered for
- Other food options are available