

WOOD BANK AUTUMN MENUS 2025 – WEEK 1

1st Sept, 22nd Sept,
13th Oct,

Main

Vegetarian

Dessert

MONDAY

Crispy Crumbed Fish
Served With
Oven Baked Chips & Peas

Veggie Burger
Served In A Soft Burger Bun
With Oven Baked Chips And Beans

**Creamy Rice Pudding
& Mixed Fruit Compote**
Or
Yogurt or Fresh Fruit

TUESDAY

Chicken Stir Fry
Chicken Breast Cooked With Noodles,
Stir Fry Vegetables In A Chow Mein Sauce

Cheese And Onion Pie
Served With Vegetables And Gravy

Flapjack And Custard
Or
Yogurt Or Fresh Fruit

WEDNESDAY

Roast of the Day
Served With
Oven Roasted, Creamed Potatoes
& Seasonal Vegetables

Roast Quorn Fillet
Served With
Oven Roasted, Creamed Potatoes
& Seasonal Vegetables

**Soft Baked Cookie &
Smoothie Ice Cream**
Or
Yogurt Or Fresh Fruit

THURSDAY

Beef Chilli Con Carne
With Jacket Potatoes

Veggie Mince Beef Burrito
Mexican Style Veggie Mince,
Cheese And Rice Served
In A Tortilla Wrap

Biscoff Cheesecake
Or
Yogurt Or Fresh Fruit

FRIDAY

Homemade Margherita Pizza
Served With Oven Baked Chips And Beans

Salmon Fillet
Served With
Fresh Vegetables And Mash Potatoes

**A Selection Of
Home Baking**
Or
Yogurt Or Fresh Fruit

All meals are served with water, Fresh Fruit is available daily
For any dietary requirements please ask a member of our team or call the school.