

WOOD BANK WINTER/SPRING 26 MENU- WEEK 2

OPTION ONE

OPTION TWO

PUDDING

Available Week Beginning:

12th January, 2nd February, 23rd February, 16th March

Mon	Salmon Teriyaki <i>Served with Green Beans and Mashed Potato</i>	Homemade Vegan Sausage Roll (V,VE) <i>Served with Chips and Baked Beans</i>	Rice Pudding <i>Or</i> <i>Yoghurt Or Fresh Fruit</i>
Tues	Beef Keema (GF) <i>Served with Fluffy Basmati Rice and Poppadom</i>	Quorn Keema (V,VE) <i>Served with Fluffy Basmati Rice and poppadom</i>	Jelly and Fruit <i>or</i> <i>Yoghurt or Fresh Fruit</i>
Wed	Roast Of The Day (GF,DF) <i>Served with Mashed Potato, Roast Potatoes and Seasonal Vegetables</i>	Roast Quorn Fillet (V,VE) <i>Served with Mashed Potato, Roast Potatoes and Seasonal Vegetables</i>	Chocolate Fudge Cake <i>or</i> <i>Yoghurt or Fresh Fruit</i>
Thurs	Chicken Tikka Sub <i>Served with Hash Browns, Coleslaw and Salad</i>	Cheese and Tomato Sub <i>Served with Hash Browns, Coleslaw and Salad</i>	White Chocolate Chip Cookie <i>Or</i> <i>Yoghurt Or Fresh Fruit</i>
Fri	<i>(Gluten Free Available)</i> Pepperoni Pizza <i>Served With Chips and Salad</i>	Cheese and Tomato Pizza <i>Served with Chips and Salad</i>	Apple Crumble and Custard <i>or</i> <i>Yoghurt or Fresh Fruit</i>

- *All meals are served with water*
- *Fresh fruit and vegetables available daily*
- *Tomato Pasta available daily*
- *Special diets catered for*
- *Other food options are available*