

# WOOD BANK WINTER/SPRING 26 MENU- WEEK 2

OPTION ONE

OPTION TWO

PUDDING

Available Week Beginning:

12<sup>th</sup> January, 2<sup>nd</sup> February, 23<sup>rd</sup> February, 16<sup>th</sup> March

Mon	Salmon Teriyaki <i>Served with Green Beans and Mashed Potato</i>	Homemade Vegan Sausage Roll (V,VE) <i>Served with Chips and Baked Beans</i>	Rice Pudding Or Yoghurt Or Fresh Fruit
Tues	Beef Keema (GF) <i>Served with Fluffy Basmati Rice and Poppadom</i>	Quorn Keema (V,VE) <i>Served with Fluffy Basmati Rice and poppadom</i>	Jelly and Fruit or Yoghurt or Fresh Fruit
Wed	Roast Of The Day (GF,DF) <i>Served with Mashed Potato, Roast Potatoes and Seasonal Vegetables</i>	Roast Quorn Fillet (V,VE) <i>Served with Mashed Potato, Roast Potatoes and Seasonal Vegetables</i>	Chocolate Fudge Cake or Yoghurt or Fresh Fruit
Thurs	Chicken Tikka Sub <i>Served with Hash Browns, Coleslaw and Salad</i>	Cheese and Tomato Sub <i>Served with Hash Browns, Coleslaw and Salad</i>	White Chocolate Chip Cookie Or Yoghurt Or Fresh Fruit
Fri	(Gluten Free Available) Pepperoni Pizza <i>Served With Chips and Salad</i>	Cheese and Tomato Pizza <i>Served with Chips and Salad</i>	Apple Crumble and Custard or Yoghurt or Fresh Fruit

- All meals are served with water
- Fresh fruit and vegetables available daily
- Tomato Pasta available daily
- Special diets catered for
- Other food options are available