

WOOD BANK AUTUMN/WINTER 26/27 MENU- WEEK 1

OPTION ONE

OPTION TWO

PUDDING

Available Week Beginning:
31st August, 21st September, 12th October, 9th November,
30th November

Mon	Fish Fingers Served with Chips and Peas	Cheese & Tomato Panini's Served with Chips and Salad	Strawberry Ice Cream With wafer and a Flake Or Yoghurt Or Fresh Fruit
Tues	Pasta Bolognaise Served with Garlic Bread	Meatless Meatballs Served with Garlic Bread	Chocolate Sponge and Custard or Yoghurt or Fresh Fruit
Wed	Chicken Chasseur Served with Roast Potatoes, and seasonal vegetables	Roast Quorn Fillet Served with, Roast Potatoes, and Seasonal Vegetables	Raspberry Jelly or Yoghurt or Fresh Fruit
Thurs	Salmon Teriyaki Noodles	Chicken Tikka Wrap Served with potato smiles & Salad	Flapjack Or Yoghurt Or Fresh Fruit
Fri	(Gluten Free Available) Cheese or Pepperoni Pizza Served With Chips and Salad	Jacket potato Fillings; Cheese, Beans, tuna or Coleslaw	 Cookies or Yoghurt or Fresh Fruit

- *All meals are served with water*
- *Fresh fruit and vegetables available daily*
- *Tomato Pasta available daily*
- *Special diets catered for*
- *Other food options are available*