

WOOD BANK AUTUMN/WINTER 26/27 MENU- WEEK 2

OPTION ONE

OPTION TWO

PUDDING

Available Week Beginning:
7th September, 28th September, 19th October, 16th
November, 7th December

Mon	Salmon and Dill Fishcakes Served with Green Beans and Mashed Potato	Quorn Nuggets Wrap Served with Chips and Baked Beans	Rice Pudding or Yoghurt or Fresh Fruit
Tues	Chinese Curry Served with Basmati Rice and Spring Rolls	Quorn Sausage and Mash Served with seasonal Vegetables	Pancakes with Strawberries and cream or Yoghurt or Fresh Fruit
Wed	Minced Beef Cobbler Served with, Roast Potatoes, and Seasonal Vegetables	Roast Quorn Fillet Served with Roast Potatoes, and Seasonal Vegetables	Lemon Drizzle or Yoghurt or Fresh Fruit
Thurs	Beef Lasagne Served with Garlic Bread and Salad	Moving Mountain Veggie Burger Served with Herby Potatoes, and Salad	Jam Biscuit or Yoghurt Or Fresh Fruit
Fri	(Gluten Free Available) Cheese or Pepperoni Pizza Served With Chips and Salad	Jacket Potato Fillings; Cheese, Beans, Tuna or Coleslaw	Brownie or Yoghurt or Fresh Fruit

- *All meals are served with water*
- *Fresh fruit and vegetables available daily*
- *Tomato Pasta available daily*
- *Special diets catered for*
- *Other food options are available*