

WOOD BANK AUTUMN/WINTER 26/27 MENU- WEEK 3

OPTION ONE

OPTION TWO

PUDDING

Available Week Beginning:
14th September, 5th October, 2nd November, 23rd
November, 14th December

Mon	Crispy Fish Served with Chips and Beans	Quorn Pieces Burrito Served with sweet potato fries	Yoghurts or Yoghurt Or Fresh Fruit
Tues	Quorn Sausage Toad in the Hole Served with Mash, peas and sweetcorn	Sweet Chilli Salmon Noodles	Oaty Biscuit or Yoghurt or Fresh Fruit
Wed	Roast Chicken Served with, Roast Potatoes and Seasonal Vegetables	Roast Quorn Fillet Served with, Roast Potatoes and Seasonal Vegetables	Parkin and Custard or Yoghurt or Fresh Fruit
Thurs	Cheese and Onion Pasty Served with New potato's and Salad	Beef Chilli Served with Basmati Rice	Victoria Sponge or Yoghurt or Fresh Fruit
Fri	(Gluten Free Available) Cheese or Pepperoni Pizza Served With Chips and Salad	Jacket Potato Fillings; Cheese, Tuna, Beans or Coleslaw	Cornflake tart and Custard or Yoghurt or Fresh Fruit

- *All meals are served with water*
- *Fresh fruit and vegetables available daily*
- *Tomato Pasta available daily*
- *Special diets catered for*
- *Other food options are available*